

[Provider Letterhead]

[Today's Date]

[Patient Name]

[Address]

[City, State Zip Code]

Dear [Patient First Name] [Patient Last Name],

I am contacting you today to inform you about the **LINK-IT Project**. The LINK-IT Project (Leveraging vIdeos and commuNity health workERS to address socIal determinants of health in Immigrants) is a research study at Center for Healthful Behavioral Change, Department of Population Health of the NYU Grossman School of Medicine funded by the National Institute of Health (NIH). *The purpose of this study is to examine whether a text-based diabetes video intervention alongside community health worker support can help patients like you to achieve better glucose control.*

Our office is pleased to let you know about a health education program that may benefit you.

As part of this health education program, a research team led by Dr. Lu Hu at NYU School of Medicine will provide eligible patients who have a Hb1Ac of ≥ 7.0 % with important information on how to manage diabetes through brief diabetes education videos sent through text and one-on-one follow-up support and goal-setting.

Eligible patients who sign up for this program will have the opportunity to receive bi-weekly support calls from a trained community health worker and 1 brief video each week (24 weeks in total) about diet and nutrition, physical activity, stress management, and management of diabetes and its complications. All of these videos are in Mandarin and Cantonese Chinese and specifically designed and tailored for Chinese culture. You will find evidence-based comprehensive information about your diabetes.

This program is provided by the NYU School of Medicine. You can receive up to \$150 as a reimbursement for your time. There is no cost to you to participate in this project, and you do not have to have insurance to participate. Your participation in this project will be strictly confidential and your name and health information will not be shared with anyone outside of this project.

If you are interested in learning more about this health education program, or if you would like to sign up, please call Dr. Lu Hu's team (fluent in Mandarin, Cantonese and English) at 347-380-2416 (study cell phone) or 646-501-3438 (office) and leave a voicemail with your name and phone number, and they will call you back with more information. If you do not want to participate in this study or be contacted, please call Dr. Lu Hu at 347-380-2416, so that your information will be removed from the calling list.

Sincerely,

[Provider Name]